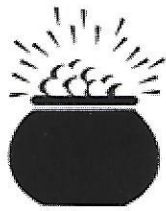


Lunch Includes:

- *Main or Alternate Entree
- *Choice of Vegetable Side
- *Choice of Fruit Side
- *1/2 Pint Milk



March, 2019

Monthly Menu
Price Per Lunch \$2.75



If writing a check, please make payable to: DOC Nutrition Services

Monday	Tuesday	Wednesday	Thursday	Friday
				<p>Mac & Cheese with Pretzel Rod or A) Cheesy Garlic Flatbread (with optional Dipping Sauce)</p> <p>Carrot Sticks with Dip Mixed Fruit or Seasonal Fresh Fruit</p>
<p>Salisbury Steak with Gravy & a Roll 4</p> <p>or A) Chicken Nuggets with a Roll</p> <p>Mashed Potatoes Applesauce Cup or Seasonal Fresh Fruit</p> <p>Cookie Treat</p>	<p>Roasted Chicken with a Corn Muffin 5</p> <p>or A) Corn Dog</p> <p>Carrots or Tossed Garden Salad Frozen Juice Cup</p>	<p>Ash Wednesday 6</p> <p>Cheese Quesadilla with Salsa</p> <p>or A) Mac & Cheese with Pretzel Rod</p> <p>Corn Pears or Seasonal Fresh Fruit</p>	<p>Chicken Tenders 7</p> <p>or A) Hamburger or Cheeseburger on a Bun</p> <p>Baked Beans or Tossed Garden Salad Mandarin Oranges</p>	<p>Mozzarella Sticks with Dipping Sauce 8</p> <p>or A) Cheese Pizza Slice (with optional Dipping Sauce)</p> <p>Broccoli Fruit Cup or Seasonal Fresh Fruit</p> <p>Cookie Treat</p>
<p>Cheese Quesadilla with Salsa 11</p> <p>or A) Chicken Nuggets with a Roll</p> <p>Carrots Peaches or Seasonal Fresh Fruit</p>	<p>Beef Nachos 12</p> <p>(Taco Meat & Cheese Sauce over Tostitos Chips with optional Salsa and Black Beans)</p> <p>or A) Hot Dog on a Bun</p> <p>Corn or Tossed Garden Salad 100% Fruit Juice</p>	<p>Meatball Sub 13</p> <p>or A) Popcorn Chicken with a Roll</p> <p>Potato Wedges Applesauce or Seasonal Fresh Fruit</p> <p>Cookie Treat</p>	<p>Crispy Oven Fried Chicken Drumstick with a Roll 14</p> <p>or A) Hamburger or Cheeseburger on a Bun</p> <p>French Fries or Tossed Garden Salad Mixed Fruit</p>	<p>Grilled Cheese Sandwich 15</p> <p>or A) Cheesy Garlic Flatbread (with optional Dipping Sauce)</p> <p>Green Beans Fruit Yogurt Parfait or Seasonal Fresh Fruit</p> <p>Cheetos Treat</p>
<p>French Toast Sticks with Syrup 18</p> <p>or A) Chicken Nuggets with a Roll</p> <p>Tator Tots Fruit Cup or Seasonal Fresh Fruit</p>	<p>Walking Taco 19</p> <p>(Beef Taco Meat & Shredded Cheddar Cheese served in a Bag of Tostitos Chips with optional Black Beans & Salsa)</p> <p>or A) Corn Dog</p> <p>Corn or Tossed Garden Salad 100% Fruit Juice</p> <p>Cookie Treat</p>	<p>Salisbury Steak with Gravy & a Breadstick 20</p> <p>or A) Chicken Patty on a Bun</p> <p>Mashed Potatoes Applesauce or Seasonal Fresh Fruit</p>	<p>Popcorn Chicken with Rice (optional Mandarin Orange Sauce) 21</p> <p>or A) Hamburger or Cheeseburger on a Bun</p> <p>Broccoli or Tossed Garden Salad Mandarin Oranges</p> <p>Cheetos Treat</p>	<p>Cheese Stuffed Breadsticks with Marinara Dipping Sauce 22</p> <p>or A) Cheese Pizza Slice (with optional Dipping Sauce)</p> <p>Carrot Sticks with Dip Pears or Seasonal Fresh Fruit</p>
<p>Cheeseburger Sliders 25</p> <p>or A) Chicken Nuggets with a Roll</p> <p>French Fries Peaches or Seasonal Fresh Fruit</p>	<p>Fiestada Pizza 26</p> <p>or A) Hot Dog on a Bun</p> <p>Corn or Tossed Garden Salad Frozen Juice Cup</p>	<p>Pasta with Meat Sauce & Garlic Toast 27</p> <p>or A) Popcorn Chicken with Garlic Toast</p> <p>Green Beans Fruit Cup or Seasonal Fresh Fruit</p>	<p>Honey BBQ Riblets with a Breadstick 28</p> <p>or A) Hamburger or Cheeseburger on a Bun</p> <p>Baked Beans or Tossed Garden Salad Sunshine Smoothie</p>	<p>Mac & Cheese with Pretzel Rod 29</p> <p>or A) Cheesy Garlic Flatbread (with optional Dipping Sauce)</p> <p>Carrot Sticks with Dip Mixed Fruit or Seasonal Fresh Fruit</p>

*Please note that regulations require that at least one vegetable or fruit side be chosen with each lunch. Look on reverse side for fun and learning with Chef Louie

SUBSTITUTION OF ITEMS MAY BE NECESSARY.

This institution is an equal opportunity provider.