The Cougar Print

November 2021

Veteran's Day 2021 By Mya Marguard, 8th Grade

November is Veterans Month, and here at OLA we

strive to show our appreciation for our brave men and women who served to protect us and our country. We have things such as Ms. Rosenbaum's Veterans wall, which



shows some of the student's family members who were veterans. We've had a Veterans mass and we've



sent cards to the VFW, Miss.Witalis says: "My father was in the army in WW II . . . My paternal grandfather was in WW I ." Angela S.'s grandpa was in the army too! As you can see, OLA is full of veteran family

members. There are lots of events to support and thank them, and on behalf of The Cougar Print, we thank all veterans for their bravery and service!

Diabetes Awareness With Mr. Crawford By Corinne Collins, 6th Grade

November 14th was Diabetes Awareness Day. Diabetes has affected a lot of people's lives, and their families. Mr. Crawford had a couple of things to say about diabetes; how diabetes has affected his life, and how he lives on a daily basis with diabetes. Mr. Crawford has type 1 diabetes, meaning he has to take insulin every day. He has been diabetic for the past 26 years. Mr. Crawford says that he has to be aware of what he eats and does in his life, so he checks his blood sugar 3-4 times every day. It is extremely important to take care of his health and body. Even though diabetes is becoming more and more common, people still have to worry about it. So spread awareness about diabetes and always remember to stay healthy OLA!

"A spoon full of insulin helps the sugar go down."

8th Grade Shadowing By Julia Houghtling, 8th Grade

As we head into the second quarter of this year, many can't help but think of what's next to come. For sixth graders that's seventh grade; for our seventh graders, eighth, etc.. But what about current eighth graders? These students will be moving onto highschool, whether it be at Magnificat, St. Ignatius, Holy Name, or any of the other surrounding high schools. How do the students choose what school to go to? A multitude of factors go into deciding what high school to attend: interests, class offerings, and tuition are just a few. A big deciding factor for a lot of eighth graders is shadowing. Shadowing is when you go to visit a

highschool for a day to see how you like it. Each eighth grader has two shadow days to spend at their top two choice schools. During the day, the attendee is assigned a host who will take you to all their classes. Then, at one point you'll get a tour of the school and all the possible classes and clubs.

A current eighth grader, Owen Ahern, said "Shadowing is good to see all the school has to offer." Another student, Montana Meadows told us, "I wish we had more days to shadow different schools because some people need more options." Some students will even shadow on a day they have off. We wish the eight graders good luck in searching for where to spend the next four years!

2021 Food Drive By Ayden Cleary, 6th Grade

Food drives are for people who don't have food. Other people who do have food donate to the less fortunate. OLA does food drives to provide a way

to give back to the community. We give food so they can have something to eat, and so they don't have to spend money they don't have on food. Giving to the poor has helped many people,



so do continue donating food and other things. On behalf of the Cougar Print, we'd like to thank all who donated to the food drive. Donating to the food drive is fun because you can donate to people who don't have food. It was fun to donate. I got to donate a can of corn. It is better to give to the poor because it is nice to give a little extra to them.

Thanksgiving Traditions By Willa Kenny, 8th Grade

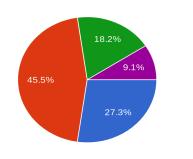
OLA's students are diverse in their traditions, cultures, and appearances. No two students are the same. Since we celebrated Thanksgiving last week, The Cougar Print thought it would be interesting to see different student's Thanksgiving traditions. I asked a few 3rd graders about their traditions. First, I asked where they usually go to celebrate the holiday. One student named Colleen said that she goes to her great aunt's house on her dad's side. Another student named Henry said that he usually goes to his grandparent's house. A third student told me that they usually go to multiple houses for Thanksgiving, first stopping at one relative's house, then another. Then, I asked them if they ate any food that differs from the typical Thanksgiving cuisine. Ella said that her family will sometimes have ham instead of turkey, which I thought was interesting. Colleen told me that it's a tradition of her aunt to make a chocolate pie for the feast. I found talking to these students fascinating. A typical Thanksgiving for me usually involves watching the parade, and then visiting my grandparents at their separate houses. Thanks to Colleen, Henry, and Ella in the 3rd grade for letting me interview them, have a Happy Holiday Season OLA!



Comic By Marian Cleary

Thanksgiving Poll Conducted By Adley Mack, 8th Grade

What is the best thanksgiving food? 11 responses



Turkey
Mashed Potatoes
Stuffing
Pumpkin Pie
Cranberry Sauce

Strangely enough, mashed potatoes prevailed as the most popular Thanksgiving food, despite Turkey being the staple of the holiday.