



Catholic Diocese of Cleveland

Nutrition Services

Nourishing Tomorrow, Today



Price per breakfast:
\$1.75

If writing a check,
please make payable to:
DOC Nutrition Services

BREAKFAST Menu

Correspond the cycle week to the color-coordinated calendar below.

January-
May 2024

| CYCLE WEEK | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|------------|---|--|--|--|--|
| 1 | Assorted Bagels with Cream Cheese and Jelly <i>or</i>) Bowl of Cereal Mandarin Oranges 100% Fruit Juice ½ Pt. Milk | Maple Pancake & Sausage Sandwich <i>or</i>) Bowl of Cereal Mixed Fruit 100% Fruit Juice ½ Pt. Milk | Dutch Waffle <i>or</i>) Bowl of Cereal Applesauce Cup 100% Fruit Juice ½ Pt. Milk | Breakfast Pizza (Bacon, Egg & Cheese) <i>or</i>) Bowl of Cereal Raisins 100% Fruit Juice ½ Pt. Milk | Breakfast Muffin <i>or</i>) Bowl of Cereal Pears 100% Fruit Juice ½ Pt. Milk |
| 2 | Breakfast Bun <i>or</i>) Bowl of Cereal Mandarin Oranges 100% Fruit Juice ½ Pt. Milk | Dutch Waffle <i>or</i>) Bowl of Cereal Pineapple 100% Fruit Juice ½ Pt. Milk | French Toast Sticks with Syrup <i>or</i>) Bowl of Cereal Strawberry Cup 100% Fruit Juice ½ Pt. Milk | Poptarts (Cinnamon or Strawberry) <i>or</i>) Bowl of Cereal Mixed Fruit 100% Fruit Juice ½ Pt. Milk | Assorted Bagels with Cream Cheese and Jelly <i>or</i>) Bowl of Cereal Fruit Cup 100% Fruit Juice ½ Pt. Milk |
| 3 | Breakfast Muffin <i>or</i>) Bowl of Cereal Peach Cup 100% Fruit Juice ½ Pt. Milk | Breakfast Pizza (Bacon, Egg & Cheese) <i>or</i>) Bowl of Cereal Raisins 100% Fruit Juice ½ Pt. Milk | Breakfast Bun <i>or</i>) Bowl of Cereal Applesauce 100% Fruit Juice ½ Pt. Milk | Maple Pancake & Sausage Sandwich <i>or</i>) Bowl of Cereal Pineapple 100% Fruit Juice ½ Pt. Milk | Poptarts (Cinnamon or Strawberry) <i>or</i>) Bowl of Cereal Apple Slices 100% Fruit Juice ½ Pt. Milk |
| 4 | Breakfast Bun <i>or</i>) Bowl of Cereal Pears 100% Fruit Juice ½ Pt. Milk | French Toast Sticks with Syrup <i>or</i>) Bowl of Cereal Strawberry Cup 100% Fruit Juice ½ Pt. Milk | Dutch Waffle <i>or</i>) Bowl of Cereal Peaches 100% Fruit Juice ½ Pt. Milk | Pancakes with Syrup <i>or</i>) Bowl of Cereal Apple Slices 100% Fruit Juice ½ Pt. Milk | Poptarts (Cinnamon or Strawberry) <i>or</i>) Bowl of Cereal Fruit Cup 100% Fruit Juice ½ Pt. Milk |

Please note that regulations require that at least one fruit side be chosen with each breakfast.

Substitutions of items may be necessary.

This institution is an equal opportunity provider.

| S | M | T | W | T | F | S |
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| 14 | 15 | 16 | 17 | 18 | 19 | 20 |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 |
| 28 | 29 | 30 | 31 | | | |

| S | M | T | W | T | F | S |
|----|----|----|----|----|----|----|
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| 11 | 12 | 13 | 14 | 15 | 16 | 17 |
| 18 | 19 | 20 | 21 | 22 | 23 | 24 |
| 25 | 26 | 27 | 28 | 29 | | |

| S | M | T | W | T | F | S |
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| | | | | | 1 | 2 |
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| 10 | 11 | 12 | 13 | 14 | 15 | 16 |
| 17 | 18 | 19 | 20 | 21 | 22 | 23 |
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| S | M | T | W | T | F | S |
|----|----|----|----|----|----|----|
| 31 | 1 | 2 | 3 | 4 | 5 | 6 |
| 7 | 8 | 9 | 10 | 11 | 12 | 13 |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 |
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| S | M | T | W | T | F | S |
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| 19 | 20 | 21 | 22 | 23 | 24 | 25 |
| 26 | 27 | 28 | 29 | 30 | 31 | |

■ Week 1 Meal Plan

■ Week 2 Meal Plan

■ Week 3 Meal Plan

■ Week 4 Meal Plan