

Lunch Includes:

- *Main or Alternate Item
- *Choice of Vegetable Side
- *Choice of Fruit Side
- *1/2 Pint Milk

**Catholic Diocese of Cleveland
Nutrition Services**

Nourishing Tomorrow, Today



Price per lunch:
\$3.00

If writing a check,
please make
payable to:
**DOC Nutrition
Services**

**LUNCH
Menu**

Correspond the cycle week to the
color-coordinated calendar below.

**January-
May 2024**

CYCLE WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	Pepperoni Pizza <i>or A) Chicken Nuggets with a Roll</i> Seasoned Potato Wedges Mixed Fruit <i>or</i> Seasonal Fresh Fruit	Beef Nachos (Taco Meat & Cheddar Cheese over Tostitos Chips, with optional Black Beans & Salsa) <i>or A) Corn Dog</i> Corn <i>or</i> Tossed Garden Salad Frozen Juice Cup	Meatball Sub <i>or A) Popcorn Chicken with a Breadstick</i> Broccoli Pears <i>or</i> Seasonal Fresh Fruit	Chicken Tenders <i>or A) Hamburger or Cheeseburger on a Bun</i> French Fries <i>or</i> Tossed Garden Salad Fruit Cup Cookie Treat!	Mozzarella Sticks with Dipping Sauce <i>or A) Cheese Pizza with Dipping Sauce</i> Carrots Applesauce <i>or</i> Seasonal Fresh Fruit
2	Cheese Quesadilla with Salsa <i>or A) Chicken Nuggets with a Roll</i> Broccoli Pineapple <i>or</i> Seasonal Fresh Fruit	Pasta with Meat Sauce & Garlic Toast <i>or A) Mini Corn Dogs</i> Green Beans <i>or</i> Tossed Garden Salad Fruit Cup	Meatballs, in Gravy and a Breadstick <i>or A) Chicken Patty on a Bun</i> Mashed Potatoes with Gravy Applesauce <i>or</i> Seasonal Fresh Fruit	Chicken Drumstick with a Roll <i>or A) Hamburger or Cheeseburger on a Bun</i> Baked Beans <i>or</i> Tossed Garden Salad Fruit Yogurt Parfait	Grilled Cheese Sandwich <i>or A) Cheese Pizza with Dipping Sauce</i> Carrot Sticks & Dip Peaches <i>or</i> Seasonal Fresh Fruit
3	Pepperoni Pizza <i>or A) Chicken Nuggets with a Roll</i> Carrots Pears <i>or</i> Seasonal Fresh Fruit	Beef Nachos (Taco Meat, Cheddar Cheese, Tostitos Chips) <i>or A) Corn Dog</i> Black Bean and Corn Salsa <i>or</i> Tossed Garden Salad Frozen Juice Cup	French Toast Sticks with Syrup <i>or A) Popcorn Chicken with a Breadstick</i> Tater Tots 100% Fruit Juice <i>or</i> Seasonal Fresh Fruit	Chicken Tenders and a Pretzel Rod <i>or A) Hamburger or Cheeseburger on a Bun</i> Potato Smiles <i>or</i> Tossed Garden Salad Fruit Yogurt Parfait	Cheese Stuffed Breadsticks with Dipping Sauce <i>or A) Cheese Pizza with Dipping Sauce</i> Green Beans Applesauce <i>or</i> Seasonal Fresh Fruit
4	Fiestada Pizza <i>or A) Chicken Nuggets with a Roll</i> Baked Beans Peaches <i>or</i> Seasonal Fresh Fruit	Mozzarella Sticks with Dipping Sauce <i>or A) Mini Corn Dogs</i> Carrots <i>or</i> Tossed Garden Salad Mixed Fruit Cookie Treat!	Riblet and a Breadstick <i>or A) Chicken Patty on a Bun</i> Mashed Potatoes Applesauce <i>or</i> Seasonal Fresh Fruit	Popcorn Chicken with a Breadstick <i>or A) Hamburger or Cheeseburger on a Bun</i> Broccoli <i>or</i> Tossed Garden Salad Mandarin Oranges	Mac & Cheese with a Pretzel Rod <i>or A) Cheese Pizza with Dipping Sauce</i> Green Beans Fruit Cup <i>or</i> Seasonal Fresh Fruit

Please note that regulations require that at least one fruit or vegetable side be chosen with each lunch.

Substitutions of items may be necessary.

This institution is an equal opportunity provider.

January 2024

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

February 2024

S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29		

March 2024

S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

April 2024

S	M	T	W	T	F	S
31	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

May 2024

S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

Week 1 Meal Plan
 Week 2 Meal Plan
 Week 3 Meal Plan
 Week 4 Meal Plan