



BREAKFAST Menu Correspond the cycle week to the color-coordinated calendar below. **August-December 2024**

CYCLE WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	Assorted Bagels with Cream Cheese and Jelly <i>or</i>) Bowl of Cereal Mandarin Oranges 100% Fruit Juice ½ Pt. Milk	Maple Pancake & Sausage Sandwich <i>or</i>) Bowl of Cereal Mixed Fruit 100% Fruit Juice ½ Pt. Milk	Dutch Waffle <i>or</i>) Bowl of Cereal Applesauce Cup 100% Fruit Juice ½ Pt. Milk	Cinnamon Roll <i>or</i>) Bowl of Cereal Peaches 100% Fruit Juice ½ Pt. Milk	Breakfast Muffin <i>or</i>) Bowl of Cereal Pears 100% Fruit Juice ½ Pt. Milk
2	Breakfast Bun <i>or</i>) Bowl of Cereal Mandarin Oranges 100% Fruit Juice ½ Pt. Milk	Dutch Waffle <i>or</i>) Bowl of Cereal Pineapple 100% Fruit Juice ½ Pt. Milk	French Toast Sticks with Syrup <i>or</i>) Bowl of Cereal Strawberry Cup 100% Fruit Juice ½ Pt. Milk	Poptarts (Cinnamon or Strawberry) <i>or</i>) Bowl of Cereal Mixed Fruit 100% Fruit Juice ½ Pt. Milk	Assorted Bagels with Cream Cheese and Jelly <i>or</i>) Bowl of Cereal Fruit Cup 100% Fruit Juice ½ Pt. Milk
3	Breakfast Muffin <i>or</i>) Bowl of Cereal Peach Cup 100% Fruit Juice ½ Pt. Milk	Breakfast Pizza (Bacon, Egg & Cheese) <i>or</i>) Bowl of Cereal Strawberry Cup 100% Fruit Juice ½ Pt. Milk	Cinnamon Roll <i>or</i>) Bowl of Cereal Applesauce 100% Fruit Juice ½ Pt. Milk	Maple Pancake & Sausage Sandwich <i>or</i>) Bowl of Cereal Pineapple 100% Fruit Juice ½ Pt. Milk	Poptarts (Cinnamon or Strawberry) <i>or</i>) Bowl of Cereal Pears 100% Fruit Juice ½ Pt. Milk
4	Breakfast Bun <i>or</i>) Bowl of Cereal Pears 100% Fruit Juice ½ Pt. Milk	French Toast Sticks with Syrup <i>or</i>) Bowl of Cereal Strawberry Cup 100% Fruit Juice ½ Pt. Milk	Dutch Waffle <i>or</i>) Bowl of Cereal Peaches 100% Fruit Juice ½ Pt. Milk	Pancakes with Syrup <i>or</i>) Bowl of Cereal Mixed Fruit 100% Fruit Juice ½ Pt. Milk	Poptarts (Cinnamon or Strawberry) <i>or</i>) Bowl of Cereal Fruit Cup 100% Fruit Juice ½ Pt. Milk

Please note that regulations require that at least one fruit side be chosen with each breakfast.

Substitutions of items may be necessary.

This institution is an equal opportunity provider.

August 2024

S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

September 2024

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

October 2024

S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

November 2024

S	M	T	W	T	F	S
				1	2	
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

December 2024

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

■ Week 1 Meal Plan
 ■ Week 2 Meal Plan
 ■ Week 3 Meal Plan
 ■ Week 4 Meal Plan

BREAKFAST CALENDAR

SEPTEMBER 2024

STUDENT NAME: _____ GR: _____ RM: _____

✓ = MAIN CHOICE **A** = ALTERNATE CHOICE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 NO SCHOOL LABOR DAY	3	4	5	6
9	10	11	12	13
16	17	18	19	20
23	24	25	26	27
30				