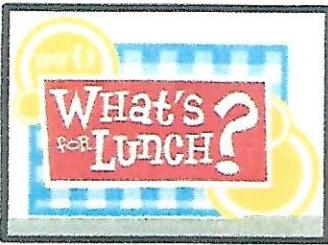


**Lunch includes:**  
 \*Main or Alternate Item  
 \*Choice of Vegetable Side  
 \*Choice of Fruit Side  
 \*1/2 Pint Milk



Catholic Diocese of Cleveland  
 Nutrition Services  
 Nourishing Tomorrow, Today

**LUNCH Menu** Correspond the cycle week to the color-coordinated calendar below. **August-December 2024**

CYCLE WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>1</b>	French Toast Sticks with Syrup or A) Chicken Patty on a Bun (Spicy OR Regular) Seasoned Potato Wedges Mixed Fruit or Seasonal Fresh Fruit	Beef Nachos (Taco Meat & Cheddar Cheese over Tostitos Chips, with optional Black Beans & Salsa) or A) Corn Dog Corn or Tossed Garden Salad Frozen Juice Cup	Meatball Sub or A) Popcorn Chicken with a Breadstick Broccoli Pears or Seasonal Fresh Fruit	Chicken Tenders with a Roll or A) Hamburger or Cheeseburger on a Bun French Fries or Tossed Garden Salad Fruit Cup Cookie Treat!	Mozzarella Sticks with Dipping Sauce or A) Cheese Pizza with Dipping Sauce Carrots Applesauce or Seasonal Fresh Fruit
<b>2</b>	Fiestada Pizza or A) Chicken Nuggets with a Roll Broccoli Pineapple or Seasonal Fresh Fruit	Pasta with Meat Sauce & Garlic Toast or A) Mini Corn Dogs Green Beans or Tossed Garden Salad Fruit Cup	Hot Dog on a Bun or A) Chicken Patty on a Bun (Spicy OR Regular) Baked Beans Fruit Yogurt Parfait or Seasonal Fresh Fruit Cookie Treat!	Popcorn Chicken Mash Up with Gravy and a Breadstick or A) Hamburger or Cheeseburger on a Bun Corn or Tossed Garden Salad Applesauce	Grilled Cheese Sandwich or A) Cheese Pizza with Dipping Sauce Carrot Sticks & Dip Peaches or Seasonal Fresh Fruit
<b>3</b>	Pepperoni Pizza or A) Chicken Patty on a Bun (Spicy OR Regular) Carrots Pears or Seasonal Fresh Fruit	Beef Nachos (Taco Meat & Cheddar Cheese over Tostitos Chips, with optional Black Beans & Salsa) or A) Corn Dog Corn or Tossed Garden Salad Frozen Juice Cup	French Toast Sticks with Syrup or A) Popcorn Chicken with a Breadstick Tater Tots 100% Fruit Juice or Seasonal Fresh Fruit	Chicken Parmesan Sandwich or A) Hamburger or Cheeseburger on a Bun Potato Smiles or Tossed Garden Salad Fruit Yogurt Parfait	Cheese Stuffed Breadsticks with Dipping Sauce or A) Cheese Pizza with Dipping Sauce Green Beans Applesauce Cup or Seasonal Fresh Fruit
<b>4</b>	Riblet Sandwich or A) Chicken Nuggets with a Roll Baked Beans Peaches or Seasonal Fresh Fruit	Mozzarella Sticks with Dipping Sauce or A) Mini Corn Dogs Carrots or Tossed Garden Salad Mixed Fruit Cookie Treat!	Hot Dog on a Bun or A) Chicken Patty on a Bun (Spicy OR Regular) Broccoli Applesauce or Seasonal Fresh Fruit Cookie Treat!	Chicken Tenders and a Breadstick or A) Hamburger or Cheeseburger on a Bun Mashed Potatoes and Gravy or Tossed Garden Salad Mandarin Oranges	Mac & Cheese with a Pretzel Rod or A) Cheese Pizza with Dipping Sauce Green Beans Fruit Cup or Seasonal Fresh Fruit

Please note that regulations require that at least one fruit or vegetable side be chosen with each lunch. Substitutions of items may be necessary.

**This institution is an equal opportunity provider.**

August 2024

S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

September 2024

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

October 2024

S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

November 2024

S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

December 2024

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

Week 1 Meal Plan    Week 2 Meal Plan    Week 3 Meal Plan    Week 4 Meal Plan