



Catholic Diocese of Cleveland  
 Nutrition Services  
 Nourishing Tomorrow, Today



# BREAKFAST Menu

Correspond the cycle week to the color-coordinated calendar below.

January-May 2025

CYCLE WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>1</b>	Assorted Bagels with Cream Cheese and Jelly  or) Bowl of Cereal  Mandarin Oranges 100% Fruit Juice ½ Pt. Milk	Maple Pancake & Sausage Sandwich  or) Bowl of Cereal  Mixed Fruit 100% Fruit Juice ½ Pt. Milk	Dutch Waffle  or) Bowl of Cereal  Applesauce Cup 100% Fruit Juice ½ Pt. Milk	Cinnamon Roll  or) Bowl of Cereal  Peaches 100% Fruit Juice ½ Pt. Milk	Breakfast Muffin  or) Bowl of Cereal  Pears 100% Fruit Juice ½ Pt. Milk
<b>2</b>	Breakfast Bun  or) Bowl of Cereal  Mandarin Oranges 100% Fruit Juice ½ Pt. Milk	Dutch Waffle  or) Bowl of Cereal  Pineapple 100% Fruit Juice ½ Pt. Milk	French Toast Sticks with Syrup  or) Bowl of Cereal  Strawberry Cup 100% Fruit Juice ½ Pt. Milk	Poptarts (Cinnamon or Strawberry)  or) Bowl of Cereal  Mixed Fruit 100% Fruit Juice ½ Pt. Milk	Assorted Bagels with Cream Cheese and Jelly  or) Bowl of Cereal  Fruit Cup 100% Fruit Juice ½ Pt. Milk
<b>3</b>	Breakfast Muffin  or) Bowl of Cereal  Peach Cup 100% Fruit Juice ½ Pt. Milk	Breakfast Pizza (Bacon, Egg & Cheese)  or) Bowl of Cereal  Strawberry Cup 100% Fruit Juice ½ Pt. Milk	Cinnamon Roll  or) Bowl of Cereal  Applesauce 100% Fruit Juice ½ Pt. Milk	Maple Pancake & Sausage Sandwich  or) Bowl of Cereal  Pineapple 100% Fruit Juice ½ Pt. Milk	Poptarts (Cinnamon or Strawberry)  or) Bowl of Cereal  Pears 100% Fruit Juice ½ Pt. Milk
<b>4</b>	Breakfast Bun  or) Bowl of Cereal  Pears 100% Fruit Juice ½ Pt. Milk	French Toast Sticks with Syrup  or) Bowl of Cereal  Strawberry Cup 100% Fruit Juice ½ Pt. Milk	Dutch Waffle  or) Bowl of Cereal  Peaches 100% Fruit Juice ½ Pt. Milk	Pancakes with Syrup  or) Bowl of Cereal  Mixed Fruit 100% Fruit Juice ½ Pt. Milk	Poptarts (Cinnamon or Strawberry)  or) Bowl of Cereal  Fruit Cup 100% Fruit Juice ½ Pt. Milk

Please note that regulations require that at least one fruit side be chosen with each breakfast.

Substitutions of items may be necessary.

**This institution is an equal opportunity provider.**

January 2025

S	M	T	W	T	F	S
		1	2	3	4	
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

February 2025

S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	1

March 2025

S	M	T	W	T	F	S
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

April 2025

S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

May 2025

S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

■ Week 1 Meal Plan    
 ■ Week 2 Meal Plan    
 ■ Week 3 Meal Plan    
 ■ Week 4 Meal Plan