

Lunch Includes:
 *Main or Alternate Item
 *Choice of Vegetable Side
 *Choice of Fruit Side
 *1/2 Pint Milk

Catholic Diocese of Cleveland
 Nutrition Services
 Nourishing Tomorrow, Today




LUNCH Menu Correspond the cycle week to the color-coordinated calendar below. **January-May 2026**

CYCLE WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	French Toast Sticks with Syrup <i>or A) Chicken Patty on a Bun (Spicy OR Regular)</i> Tator Tots Mixed Fruit <i>or</i> Seasonal Fresh Fruit	Beef Nachos (Taco Meat & Cheddar Cheese over Tostitos Chips, with optional Black Beans & Salsa) <i>or A) Corn Dog</i> Corn <i>or</i> Tossed Garden Salad Frozen Juice Cup	Meatball Sub <i>or A) Popcorn Chicken with a Breadstick</i> Broccoli Pears <i>or</i> Seasonal Fresh Fruit	Chicken Tenders (Spicy OR Regular) with a Dinner Roll <i>or A) Hamburger or Cheeseburger on a Bun</i> French Fries <i>or</i> Tossed Garden Salad Fruit Cup Cookie treat!	Mozzarella Sticks with Dipping Sauce <i>or A) Cheese Pizza with Dipping Sauce</i> Carrots Applesauce <i>or</i> Seasonal Fresh Fruit
2	Fiestada Pizza <i>or A) Chicken Nuggets with a Dinner Roll</i> Broccoli Pineapple <i>or</i> Seasonal Fresh Fruit	Pasta with Meat Sauce & Garlic Toast <i>or A) Mini Corn Dogs</i> Green Beans <i>or</i> Tossed Garden Salad Fruit Cup	Salisbury Steak in Gravy with a Breadstick <i>or A) Chicken Patty on a Bun (Spicy OR Regular)</i> Corn Applesauce <i>or</i> Seasonal Fresh Fruit Cookie Treat!	Chicken Tenders (Spicy OR Regular) with a Breadstick <i>or A) Hamburger or Cheeseburger on a Bun</i> Baked Beans <i>or</i> Tossed Garden Salad Fruit Yogurt Parfait	Grilled Cheese Sandwich <i>or A) Cheese Pizza with Dipping Sauce</i> Carrot Sticks & Dip Peaches <i>or</i> Seasonal Fresh Fruit
3	Pepperoni Pizza <i>or A) Chicken Patty on a Bun (Spicy OR Regular)</i> Carrots Pears <i>or</i> Seasonal Fresh Fruit	Beef Nachos (Taco Meat & Cheddar Cheese over Tostitos Chips, with optional Black Beans & Salsa) <i>or A) Corn Dog</i> Corn <i>or</i> Tossed Garden Salad Frozen Juice Cup	French Toast Sticks with Syrup <i>or A) Popcorn Chicken with a Breadstick</i> Tator Tots 100% Fruit Juice <i>or</i> Seasonal Fresh Fruit	Hot Dog on a Bun <i>or A) Hamburger or Cheeseburger on a Bun</i> Potato Smiles <i>or</i> Tossed Garden Salad Fruit Yogurt Parfait Cookie Treat!	Mac & Cheese with a Pretzel Rod <i>or A) Cheese Pizza with Dipping Sauce</i> Green Beans Applesauce Cup <i>or</i> Seasonal Fresh Fruit
4	Pork Riblet Sandwich <i>or A) Chicken Nuggets with a Dinner Roll</i> Baked Beans Peaches <i>or</i> Seasonal Fresh Fruit	Mozzarella Sticks with Dipping Sauce <i>or A) Mini Corn Dogs</i> Carrots <i>or</i> Tossed Garden Salad Mixed Fruit Cookie Treat!	Salisbury Steak in Gravy with a Breadstick <i>or A) Chicken Patty on a Bun (Spicy OR Regular)</i> Mashed Potatoes and Gravy Applesauce <i>or</i> Seasonal Fresh Fruit	Orange Chicken over Rice with a Breadstick <i>or A) Hamburger or Cheeseburger on a Bun</i> Broccoli <i>or</i> Tossed Garden Salad Mandarin Oranges	Cheese Stuffed Breadsticks with Dipping Sauce <i>or A) Cheese Pizza with Dipping Sauce</i> Green Beans Fruit Cup <i>or</i> Seasonal Fresh Fruit Cookie Treat!

Please note that regulations require that at least one fruit or vegetable side be chosen with each lunch.
 Substitutions of items may be necessary.

USDA is an equal opportunity provider, employer, and lender.

January 2026

S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

February 2026

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28

March 2026

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

April 2026

S	M	T	W	T	F	S
		1	2	3	4	
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

May 2026

S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

Week 1 Meal Plan
 Week 2 Meal Plan
 Week 3 Meal Plan
 Week 4 Meal Plan